

## Dr. Cohen Outdoor Sessions Procedures

For those who prefer treatment in-person, Dr. Cohen is providing outdoor physically distanced sessions behind her home at this time. Here are the procedures that will be followed to protect health:

-Please do not attend an outdoor session if, within the past 14 days, you or members of your household have:

- Travelled out of the country or to any restricted state on Gov. Cuomo's list
- Experienced cough, fever, or shortness of breath (unless it is clearly not COVID 19-related, e.g. allergies or panic attacks)
- Tested positive for COVID-19 or been in contact with anyone who has tested positive

-Please remain in your car and text Dr. Cohen to say that you have arrived. Please sanitize your hands and put on a mask prior to exiting your vehicle. Dr. Cohen will greet you masked, take your temperature with a remote thermometer, and walk you to the session location. If your temperature is measured at above 100 degrees Celsius, we can do the session via video-chat from your vehicle.

-Masks may be removed during the session, which will take place in chairs at least 6 feet distant from each other under a tent with 2 open sides. Your chair will be cleaned between sessions with a CDC-approved virucide.

-Please place your mask back on when returning to your vehicle.

-Payment will remain contactless through the website. Receipts will be mailed. Insurance may reimburse a different amount since the practice location is in Fairfield (06825) rather than Westport (06880). For more information on this, please contact your insurer.

-If weather does not permit an outdoor session, sessions will take place remotely via video or speaker-phone.

-If you need to use the bathroom, there is a local park which has handicapped-accessible entry to a one-person bathroom. It is called Owen Fish Park and is located on Stratfield Road near the intersection of Fairfield Woods Road in Fairfield. There is parking next to the bathroom and it is a 2-minute drive from the session location. It is typically open during business hours.

Thank you for helping to keep everyone healthy!

Dr. Cohen Outdoor Sessions COVID Waiver

I am aware that Dr. Cohen cannot completely remove the risk of viral transmission due to in-person sessions, although she is taking precautions to keep the risk low (social distancing, outdoor location, frequent cleaning, etc.). I am aware that I have an option to participate in a video session instead, which would represent zero risk of catching or transmitting the virus. I am aware that contracting the virus may lead to mental and/or physical impairments, up to and including permanent paralysis or death. I take full personal responsibility for the decision to attend sessions in person.

I also certify that I will comply with all precautions outlined in her “Outdoor Sessions Procedures” form, including that I will not attend an outdoor session if, within the past 14 days, I or members of my household have:

- Travelled out of the country or to any restricted state on Gov. Cuomo’s list
- Experienced cough, fever, or shortness of breath (unless it is clearly not COVID 19-related, e.g. allergies or panic attacks)
- Tested positive for COVID-19 or been in contact with anyone who has tested positive

I release Dr. Cohen and her practice from liability should I contract the virus on premises or related to working with her.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name